Around the Cap Corse - Tower to Tower

7 days / 6 nights

With this cycling holiday, discover the wild and wind-swept Cap Corse and ride the beautiful coastline of the Island of Beauty. During your stay, you will come across many Genoese towers, enjoy views across the Mediterranean to the Tuscan islands of Elba and Capraia, and meet welcoming locals who are proud of their traditions and their “cucina corsa”.

So, embark on this fantastic cycling adventure and experience Corsica like never before!

Trip available with our digital road-book.
Find out about the digital road-bookPrepare your trip

YOUR PROGRAMME

Day 1 - Bastia

Your holiday starts in Bastia, the capital of northern Corsica (Haute-Corse). Depending upon your time of arrival, you will have the opportunity to visit the citadel, the old part of town or to stroll down to the Vieux-Port.

Our recommendation: go to one of the restaurants on the Vieux-Port if you wish to enjoy traditional Corsican food.

Night in Bastia.



Day 2 - From Bastia to Sisco

After breakfast, leave Bastia and follow the northeastern coastline. Along the way, you will be able to enjoy magnificent views over majestic little coves and the crystal-clear waters of the Mediterranean. Do not hesitate to go for a nice relaxing swim at the beach. Enjoy stopping in the charming fishing village of Erbalunga, before reaching Sisco. Night in Sisco.

Distance:

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16 km (D+ : 130m ; D- : 130m ; Max. : 75m)

or 27 km (D+ : 417m ; D- : 485m ; Max. : 391m)



Day 3 - From Sisco to Macinaggio

Today, follow the coastline and head to Macinaggio – the northernmost “town” on the whole island. Once there, enjoy swimming in the sea or strolling down the beach. Feeling energized by the cycle ride, you may wish to walk along the coastline on the "sentier des douaniers".

Night in Macinaggio.
Distance:
22 km (D+ : 164m ; D- : 170m ; Max. : 38m)
or 38 km (D+ : 444m ; D- : 450m ; Max. : 298m)



Day 4 - From Macinaggio to Albo

This is a spectacular journey crossing from the east to the west coast, offering stunning views over the craggy cliffs of the Cape of Corsica. These landscapes are some of the most beautiful and impressive on the Isle of Beauty. Today's journey ends in Alob, on seaside.

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Night in Albo.

Distance:
50 km (D+ : 818m ; D- : 821m ; Max. : 365m)
or 57 km (D+ : 1014m ; D- : 1018m ; Max. : 365m)



Day 5 - From Albo to Saint-Florent

Continue along the west coast with stunning views towards Saint Florent and the Desert des Agriates. Enjoy riding through Nonza, one of the most spectacular villages in Corsica. Famous for its black sandy beach and the village itself, which perches high on the rocks above. Nonza also boasts wonderful historical monuments such as its beautiful weathered Genoese tower. While descending the Cape, you will also notice that the landscapes progressively change from rugged cliffs to mountain peaks, then rolling vineyard hills as far as the eye can see. We recommend that you visit and explore the wine cellars of the village of Patrimonio, otherwise known as the Corsican capital of winemaking.
Night in Saint-Florent.

Distance:
24 km (D+ : 300m ; D- : 296m ; Max. : 301m)
or 42 km (D+ : 853m ; D- : 850m ; Max. : 534m)



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Day 6 - From Saint-Florent to Bastia

Make the most out of your last day of cycling and climb up to the Col de Teghime, culminating at 536m. From these alpine heights, you will be able to enjoy panoramic views over both the east and the west Coast of Corsica, with the Gulf of Saint Florent on your left and the Etang de Biguglia (a vast salt water lagoon) on your right. A truly wonderful experience and a marvellous feast of colours!

Distance:

23 km (D+ : 572m ; D- : 510m ; Max. : 554m)
or 57 km (D+ : 1175m ; D- : 1114m ; Max. : 554m)



Day 7 - Bastia

Your trip ends here after breakfast. Additional days can be added to your stay upon request



Additional information

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TARIFFS
Price from 990 euros per person.

OPTIONS
Single room : 390 euros per person.
May & June departures : 60 euros per person.
July & September departures : 110 euros per person.
August departure : 180 euros per person.
Hybrid bike rental : 230 euros per person.
Electric bike rental : 340 euros per person.
Road bike rental : 380 euros per person.

INCLUDED
Luggage transfers
Nights in 2 and 3 stars hotels (double or twin bedrooms)
Breakfasts
Local assistance
Information package with maps and road-books on our app (a smartphone is required).

NOT INCLUDED
Transfers to the meeting point and from the end point.
Meals and beverages
Bike rental
Insurance
Everything not mentioned on the "included" part

LEVEL OF DIFFICULTY
Easy. Accessible to everyone including children with road sense. Distances: avarage of 30 km a day with only a few elevation gain.

LUGGAGE
Luggage transfers by vehicle. You will only need to take with you what you wish to have available during the ride (wallet, camera, picnic lunch, water etc.).

ACCOMMODATION
Comfortable hotels (double or twin bedrooms) with en-suite facilities.

SIZE OF GROUP
From 2.

DEPARTURES
Departure any day, from the beginning of April to the end of October.

DEPARTURE
At your hotel in Bastia on the afternoon.

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DISPERSION
At your hotel in Bastia on day 7 after breakfast.

HOW TO GET THERE
Bastia is reachable by plane from several European cities depending on the time of year with Air France, Air Corsica but also Easyjet, Volotea or Ryanair.

By sea, Bastia is reachable with the compagnies : Corsica Ferries, Corsica Linea or La Méridionale.
Corsica ferries: http://www.corsica-ferries.co.uk/?gclid=CLyF3O_TvroCFa-WtAodlScA5A
Corsica Linea: https://www.corsicalinea.com/
La Méridionale: http://www.lameridionale.fr

From this city all access is possible by bus and train.

EQUIPMENT TO TAKE
ADVISED MATERIAL TO TAKE WITH YOU (non-exhaustive cheklist) :

As a good preparation is key to a successful stay, here are a few tips to ensure that your trip takes place in optimal conditions.

BIKES
In order that your stay does not turn into a mechanical training course, it's advisable to carry out a meticulous revision of your bike before going on a tour :
- the tyres are well inflated and in good condition
- cables and chain are in good condition
- the transmission elements are clean and oiled
- there are no leaks in the suspensions
- the wheels are well tightened
- the brakes are in good condition (wear + possible leaks)
- the headset has been checked
And don't forget that anomalies are easier to spot on a cleaned bike…

REPAIR MATERIAL
To avoid mechanical problems, it's better to be far-sighted and always carry the basic equipment of a biker:
- 2 inner tubes (puncture sealant is strongly recomended, or puncture sealant strips)
- a pump
- tire irons
- an inner tube repair kit consisting of patches and glue
- a multi-tool
- a small wrench
- a piece of tire

Also, you can prepare your own toolbox which we transfer with your luggage. You will put in it the following items :
- a brake cable (front and rear)

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- a derailleur cable
- a tyre
- one derailleur hanger
- chain oil
- a rag

EQUIPMENT

As you can't judge a book by its cover, cycling slinky shorts won't help you to turn into a cycling champion. However, a minimum of specific bike equipment will be necessary in order to be comfortable :

- a helmet
- glasses
- suitable shoes (no smooth soles)
- a cycling short or short
- a breathable tee-shirt (try to avoid cotton)

DAY BACKPACK

Because it's unpleasant to ride with a too loaded backpack, it's better to think carefully about the necessary things to bring in the backpack for the day:

- a water bag and/or a flask and/or water cans on the bike (2L/day/person minimum)
- provisions (energy bars, dried fruits...)
- the basic repair material for your bike (see above)
- a windbreaker (waterproof)
- picnic
- a headlamp
- a knife
- sun cream (+ lip protection)
- toilet paper
- a first-aid kit (see below)
- your mobile phone + an external battery
- a rubbish bag

PICNIC

In order to avoid unnecessary waste at picnic time, remember to take with you :

- an airtight box (0.5L) with initials marked on the lid and on the box + wide elastics
- reusable cutlery (fork and pocketknife)

TRAVEL BAG

Your luggage is transferred during the day and you will find it every evening at your hotel. It is preferable that your travel bag contains the following items :

- a sleeping bag liner (stays in gîtes)
- a change of clothes
- a pair of light shoes for the evening

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- a large jumper or fleece jacket
- a small toilet bag with a towel

FIRST-AID KIT
Concerning all our guided stays, the instructor has a first aid kit.
However, it is essential to bring your own first aid kit.
Here is a list of the minimum items to take with you:
- disinfectant
- gauze strips
- plaster
- protective cream for the buttocks
- your personal medicines
- micropur pastilles (water disinfectant)
- a survival blanket

A more complete first-aid kit should be formulated with your doctor.

SAFETY INSTRUCTIONS

The trip takes place on roads open to traffic (no cycling paths), remain cautious even if the traffic is not important.

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